

The Iowa Perinatal Quality  
Care Collaborative presents:



# Mood Disorders, Preeclampsia, and Cardiovascular Disease

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The IPQCC is pleased to offer a webinar series on Perinatal Mood Disorders designed for obstetrical providers and nurses. The series will deliver practical guidance to strengthen knowledge and confidence in caring for patients with mood disorders in your practice. All sessions will be recorded, with CME and CEUs available both live and on-demand.

Following this session, participants will have the knowledge to:

1. Describe epidemiologic links between perinatal maternal anxiety and depression, gestational hypertension, and lifespan cardiovascular disease.
2. Explain shared vascular, immune, and neuroendocrine mechanisms underlying these conditions.
3. Consider integrated postpartum follow-up strategies for patients with mental health and/or cardiovascular risk.

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**To register:**

**MOMSS Webinar Registration**

